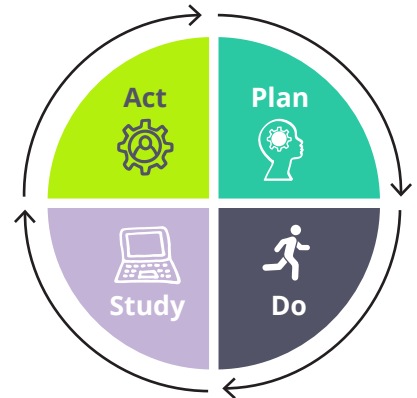


|              |  |
|--------------|--|
| Practice     |  |
| Date         |  |
| PDSA Cycle # |  |



The Model for Improvement (Mfi) is a tool for developing, testing and implementing change. The Model consists of two parts that are of equal importance:

- **Step 1:** The 'thinking part' consists of Three Fundamental Questions that are essential for guiding your improvement work.
- **Step 2:** The 'doing'/'testing' part is made up of Plan, Do, Study, Act (PDSA) cycles that will help you test and implement change.

### Step 1: Three Fundamental Questions

#### 1. What are we trying to accomplish?

By answering this question you will develop your GOAL for improvement.  
Each new GOAL (1st Fundamental Question) will require a new Model for Improvement

#### 2. How will we know that a change is an improvement?

By answering this question you will develop MEASURES to track the achievement of your goal

#### 3. What changes can we make that will lead to an improvement?

List the ways you can achieve your goal.  
By answering this question you will develop the IDEAS that you can test to achieve your goal

## Step 2: Ideas

Idea 1

Idea 2

Idea 3

Idea 4

Idea 5

Idea 6

## Step 3: 'Doing'/'Testing'

### Idea

Pick one of your ideas

### Plan

What exactly will you do? Include what, who, when, where, predictions & data to be collected

Who

When

Where

What

Predictions

Data to be collected

## Do

Was the plan completed? Document any unexpected events or problems

Carry out the plan.

## Study

Record, analyse and reflect on the results

## Act

What will you take forward from this cycle? What is your next step / PDSA cycle?

The PHASES PDSA Template for General Practice is designed to be used in conjunction with the **PHASES Primary Health CVD Risk Screening, Recall and Treatment Quality Improvement Toolkit**. This template has been adapted from the Institute for Healthcare Improvement Plan-Do-Study-Act (PDSA) Worksheet: [www.ihl.org/library/tools/plan-do-study-act-pdsa-worksheet](http://www.ihl.org/library/tools/plan-do-study-act-pdsa-worksheet)

**Clinical judgement remains essential.** The PHASES tools and resources are intended to support clinical decision-making and quality improvement. They do not replace the need for individual clinical assessment, professional judgement, or discussion with patients. Clinical judgement, patient preferences, and current clinical guidelines must always guide assessment and management decisions.



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